

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 08:05 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Lesceu Philippe

Coaches: Egée Damien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE MIXED 10-9 Heat:2, starttime: 09:02

Heat: 2/4 Lane : 2 Athlete: VAN BAEL EVO Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

|    | 25 M | 50 M    |  |
|----|------|---------|--|
| PB |      | no time |  |
|    |      | no time |  |
|    |      |         |  |

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+ Heat:3, starttime: 09:22

Heat: 3/5 Lane : 2 Athlete: BOROWSKI ALAN Q-time: 03:30:33

PB (25m pool): 03:30.33 Woluwe-St-Lambert 29/05/2025 PB (50m pool): no time SB: no time

|    | 25 M | 50 M     | 75 M | 100     | 125 | 150     | 175 | 200 M    |
|----|------|----------|------|---------|-----|---------|-----|----------|
| PB |      | 00:50.19 |      | no time |     | no time |     | 03:30.33 |
|    |      | 00:50.19 |      |         |     |         |     |          |
|    |      |          |      |         |     |         |     |          |

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+ Heat:3, starttime: 09:22

Heat: 3/5 Lane : 5 Athlete: PIERART VITO Q-time: 03:31:75

PB (25m pool): 03:31.75 Vilvoorde 23/03/2025 PB (50m pool): no time SB: no time

|    | 25 M | 50 M     | 75 M | 100     | 125 | 150     | 175 | 200 M    |
|----|------|----------|------|---------|-----|---------|-----|----------|
| PB |      | 00:48.97 |      | no time |     | no time |     | 03:31.75 |
|    |      | 00:48.97 |      |         |     |         |     |          |
|    |      |          |      |         |     |         |     |          |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 6: 200M MEDLEY MIXED 10-9           |         |         |                        |         |       |             | Heat:1, starttime: 09:34 |         |
|---------------------------------------------------|---------|---------|------------------------|---------|-------|-------------|--------------------------|---------|
| Heat: 1/1    Lane : 4    Athlete: VAN BAEL ILEANA |         |         |                        |         |       |             | Q-time: 99:99:99         |         |
| PB (25m pool): no time                            |         |         | PB (50m pool): no time |         |       | SB: no time |                          |         |
|                                                   | 2 5 M   | 5 0 M   | 7 5 M                  | 1 0 0   | 1 2 5 | 1 5 0       | 1 7 5                    | 2 0 0 M |
| PB                                                |         | no time |                        | no time |       | no time     |                          | no time |
|                                                   | no time |         |                        |         |       |             |                          |         |
|                                                   | .....   | .....   | .....                  | .....   | ..... | .....       | .....                    | .....   |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+         |           |           |                                                                 |           |  |  | Heat:5, starttime: 09:47 |  |
|------------------------------------------------------|-----------|-----------|-----------------------------------------------------------------|-----------|--|--|--------------------------|--|
| Heat: 5/14    Lane : 4    Athlete: KEERSMAEKERS ELLA |           |           |                                                                 |           |  |  | Q-time: 01:53:98         |  |
| PB (25m pool): 01:53.98   Liedekerke   11/11/2025    |           |           | PB (50m pool): no time   SB: 01:53.98   Liedekerke   11/11/2025 |           |  |  |                          |  |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M                                                           | 1 0 0 M   |  |  |                          |  |
| PB                                                   |           | 00:53.96  |                                                                 | 01:53.98  |  |  |                          |  |
|                                                      | 00:53.96  |           | 01:00.02                                                        |           |  |  |                          |  |
|                                                      | . . . . . | . . . . . | . . . . .                                                       | . . . . . |  |  |                          |  |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+                  |           |           |                                                               |           |  |                  | Heat:5, starttime: 09:47 |  |
|---------------------------------------------------------------|-----------|-----------|---------------------------------------------------------------|-----------|--|------------------|--------------------------|--|
| Heat: 5/14    Lane : 5    Athlete: VANBELLINGEN VERMEERE LANI |           |           |                                                               |           |  | Q-time: 01:56:30 |                          |  |
| PB (25m pool): 01:56.30    Zaventem 16/02/2025                |           |           | PB (50m pool): 02:01.25 SB: 02:04.95    Liedekerke 11/11/2025 |           |  |                  |                          |  |
|                                                               | 2 5 M     | 5 0 M     | 7 5 M                                                         | 1 0 0 M   |  |                  |                          |  |
| PB                                                            |           | 00:55.12  |                                                               | 01:56.30  |  |                  |                          |  |
|                                                               | 00:55.12  |           | 01:01.18                                                      |           |  |                  |                          |  |
|                                                               | . . . . . | . . . . . | . . . . .                                                     | . . . . . |  |                  |                          |  |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+      |           |           |           |                                     |  |                  | Heat:9, starttime: 09:56 |  |
|---------------------------------------------------|-----------|-----------|-----------|-------------------------------------|--|------------------|--------------------------|--|
| Heat: 9/14    Lane : 2    Athlete: GUENDOUIZ LINA |           |           |           |                                     |  | Q-time: 01:42:63 |                          |  |
| PB (25m pool): 01:42.63    Mons 28/06/2025        |           |           |           | PB (50m pool): 01:46.99 SB: no time |  |                  |                          |  |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                             |  |                  |                          |  |
| PB                                                |           | 00:49.13  |           | 01:42.63                            |  |                  |                          |  |
|                                                   | 00:49.13  |           | 00:53.50  |                                     |  |                  |                          |  |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                           |  |                  |                          |  |

Coach feedback:

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| Event number: 7: 100M BREASTSTROKE WOMEN 11+         |          |          |          |          | Heat:10, starttime: 09:58           |
|------------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 10/14 Lane : 3 Athlete: VAN STEENWINKEL ESTHER |          |          |          |          | Q-time: 01:37:99                    |
| PB (25m pool): 01:39.26 Mons 27/10/2024              |          |          |          |          | PB (50m pool): 01:36.70 SB: no time |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                   |          | 00:47.11 |          | 01:39.26 |                                     |
|                                                      | 00:47.11 |          | 00:52.15 |          |                                     |
|                                                      | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+  |          |          |          |          | Heat:10, starttime: 09:58                                  |
|-----------------------------------------------|----------|----------|----------|----------|------------------------------------------------------------|
| Heat: 10/14 Lane : 5 Athlete: EL AOUIRI LINA  |          |          |          |          | Q-time: 01:40:03                                           |
| PB (25m pool): 01:40.03 Liedekerke 11/11/2025 |          |          |          |          | PB (50m pool): 01:41.26 SB: 01:40.03 Liedekerke 11/11/2025 |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                            |
| PB                                            |          | 00:47.14 |          | 01:40.03 |                                                            |
|                                               | 00:47.14 |          | 00:52.89 |          |                                                            |
|                                               | .....    | .....    | .....    | .....    |                                                            |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+ |          |          |          |          | Heat:11, starttime: 10:00           |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 11/14 Lane : 3 Athlete: BOROWSKA LENA  |          |          |          |          | Q-time: 01:35:31                    |
| PB (25m pool): 01:35.31 Mons 28/06/2025      |          |          |          |          | PB (50m pool): 01:34.11 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:46.33 |          | 01:35.31 |                                     |
|                                              | 00:46.33 |          | 00:48.98 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+    |          |          |          |          | Heat:11, starttime: 10:00                              |
|-------------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Heat: 11/14 Lane : 4 Athlete: ISSAGHOLIAN EMELI |          |          |          |          | Q-time: 01:36:30                                       |
| PB (25m pool): 01:36.30 LEUVEN 23/11/2025       |          |          |          |          | PB (50m pool): 01:39.26 SB: 01:36.30 LEUVEN 23/11/2025 |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                              |          | 00:46.50 |          | 01:36.30 |                                                        |
|                                                 | 00:46.50 |          | 00:49.80 |          |                                                        |
|                                                 | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

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| Event number: 7: 100M BREASTSTROKE WOMEN 11+     |          |          |                                                      |          | Heat:12, starttime: 10:02 |
|--------------------------------------------------|----------|----------|------------------------------------------------------|----------|---------------------------|
| Heat: 12/14 Lane : 5 Athlete: VAN HOYLANDT JULIE |          |          |                                                      |          | Q-time: 01:33:83          |
| PB (25m pool): 01:33.83 Mons 26/10/2025          |          |          | PB (50m pool): 01:38.46 SB: 01:33.83 Mons 26/10/2025 |          |                           |
|                                                  | 2 5 M    | 5 0 M    | 7 5 M                                                | 1 0 0 M  |                           |
| PB                                               |          | 00:44.56 |                                                      | 01:33.83 |                           |
|                                                  | 00:44.56 |          | 00:49.27                                             |          |                           |
|                                                  | .....    | .....    | .....                                                | .....    |                           |

Coach feedback:

| Event number: 7: 100M BREASTSTROKE WOMEN 11+     |          |          |                                     |          | Heat:13, starttime: 10:04 |
|--------------------------------------------------|----------|----------|-------------------------------------|----------|---------------------------|
| Heat: 13/14 Lane : 5 Athlete: DESENDER HANNELORE |          |          |                                     |          | Q-time: 01:31:61          |
| PB (25m pool): 01:31.61 Zaventem 16/02/2025      |          |          | PB (50m pool): 01:34.88 SB: no time |          |                           |
|                                                  | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                           |
| PB                                               |          | 00:43.75 |                                     | 01:31.61 |                           |
|                                                  | 00:43.75 |          | 00:47.86                            |          |                           |
|                                                  | .....    | .....    | .....                               | .....    |                           |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 11+       |         |         |                                    |         | Heat:1, starttime: 10:07 |
|-----------------------------------------------|---------|---------|------------------------------------|---------|--------------------------|
| Heat: 1/16 Lane : 3 Athlete: LEDEGANCK SANDER |         |         |                                    |         | Q-time: 99:99:99         |
| PB (25m pool): no time                        |         |         | PB (50m pool): no time SB: no time |         |                          |
|                                               | 2 5 M   | 5 0 M   | 7 5 M                              | 1 0 0 M |                          |
| PB                                            |         | no time |                                    | no time |                          |
|                                               | no time |         |                                    |         |                          |
|                                               | .....   | .....   | .....                              | .....   |                          |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 11+   |          |          |                                                        |          | Heat:7, starttime: 10:20 |
|-------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 7/16 Lane : 4 Athlete: PIERART VITO |          |          |                                                        |          | Q-time: 01:20:81         |
| PB (25m pool): 01:20.81 Leuven 12/10/2025 |          |          | PB (50m pool): 01:19.60 SB: 01:20.81 Leuven 12/10/2025 |          |                          |
|                                           | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                        |          | 00:37.84 |                                                        | 01:20.81 |                          |
|                                           | 00:37.84 |          | 00:42.97                                               |          |                          |
|                                           | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

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| Event number: 8: 100M FREESTYLE MEN 11+            |          |          |          |          | Heat:12, starttime: 10:28                              |
|----------------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Heat: 12/16 Lane : 1 Athlete: VAN STEENWINKEL WOUT |          |          |          |          | Q-time: 01:10:88                                       |
| PB (25m pool): 01:10.88 LEUVEN 23/11/2025          |          |          |          |          | PB (50m pool): 01:13.60 SB: 01:10.88 LEUVEN 23/11/2025 |
|                                                    | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                                 |          | 00:33.50 |          | 01:10.88 |                                                        |
|                                                    | 00:33.50 |          | 00:37.38 |          |                                                        |
|                                                    | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 11+     |          |          |          |          | Heat:15, starttime: 10:32                            |
|---------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 15/16 Lane : 4 Athlete: GUENDOUZ ANAS |          |          |          |          | Q-time: 01:00:61                                     |
| PB (25m pool): 01:00.61 Mons 26/10/2025     |          |          |          |          | PB (50m pool): 01:04.12 SB: 01:00.61 Mons 26/10/2025 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                      |
| PB                                          |          | 00:29.11 |          | 01:00.61 |                                                      |
|                                             | 00:29.11 |          | 00:31.50 |          |                                                      |
|                                             | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 11+  |          |          |          |          | Heat:16, starttime: 10:34                                 |
|------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 16/16 Lane : 1 Athlete: BOLLU LUCA |          |          |          |          | Q-time: 00:58:10                                          |
| PB (25m pool): 00:57.45 Mons 27/10/2024  |          |          |          |          | PB (50m pool): 01:00.50 SB: 00:58.10 Vilvoorde 05/10/2025 |
|                                          | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                       |          | 00:27.61 |          | 00:57.45 |                                                           |
|                                          | 00:27.61 |          | 00:29.84 |          |                                                           |
|                                          | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 11+        |          |          |          |          | Heat:16, starttime: 10:34                            |
|------------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 16/16 Lane : 5 Athlete: RUDIK ALEKSANDER |          |          |          |          | Q-time: 00:57:89                                     |
| PB (25m pool): 00:57.89 Mons 26/10/2025        |          |          |          |          | PB (50m pool): 00:59.59 SB: 00:57.89 Mons 26/10/2025 |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                      |
| PB                                             |          | 00:28.15 |          | 00:57.89 |                                                      |
|                                                | 00:28.15 |          | 00:29.74 |          |                                                      |
|                                                | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 9: 200M BREASTSTROKE MIXED 10-9 |         |         |                        |         |       |             | Heat:1, starttime: 10:35 |         |
|-----------------------------------------------|---------|---------|------------------------|---------|-------|-------------|--------------------------|---------|
| Heat: 1/2    Lane : 4    Athlete: EGÉE SAMUEL |         |         |                        |         |       |             | Q-time: 99:99:99         |         |
| PB (25m pool): no time                        |         |         | PB (50m pool): no time |         |       | SB: no time |                          |         |
|                                               | 2 5 M   | 5 0 M   | 7 5 M                  | 1 0 0   | 1 2 5 | 1 5 0       | 1 7 5                    | 2 0 0 M |
| PB                                            |         | no time |                        | no time |       | no time     |                          | no time |
|                                               | no time |         |                        |         |       |             |                          |         |
|                                               | .....   | .....   | .....                  | .....   | ..... | .....       | .....                    | .....   |

Coach feedback:

| Event number: 9: 200M BREASTSTROKE MIXED 10-9  |           |           |                        |           |           |             | Heat:2, starttime: 10:40 |           |
|------------------------------------------------|-----------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 2/2    Lane : 2    Athlete: VAN BAEL EVO |           |           |                        |           |           |             | Q-time: 99:99:99         |           |
| PB (25m pool): no time                         |           |           | PB (50m pool): no time |           |           | SB: no time |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M                  | 1 0 0     | 1 2 5     | 1 5 0       | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | no time   |                        | no time   |           | no time     |                          | no time   |
|                                                | no time   |           |                        |           |           |             |                          |           |
|                                                | . . . . . | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

| Event number: 10: 400M FREESTYLE WOMEN 11+          |         |         |                                                                   |          |         |         | Heat:2, starttime: 10:52 |          |
|-----------------------------------------------------|---------|---------|-------------------------------------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 2/2    Lane : 1    Athlete: ISSAGHOLIAN EMELI |         |         |                                                                   |          |         |         | Q-time: 05:41:60         |          |
| PB (25m pool): 05:41.60    Vilvoorde    05/10/2025  |         |         | PB (50m pool): no time    SB: 05:41.60    Vilvoorde    05/10/2025 |          |         |         |                          |          |
|                                                     | 2 5 M   | 5 0 M   | 7 5 M                                                             | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                  |         | no time |                                                                   | 01:22.96 |         | no time |                          | 02:50.92 |
|                                                     | no time |         |                                                                   |          |         |         |                          |          |
|                                                     | .....   | .....   | .....                                                             | .....    | .....   | .....   | .....                    | .....    |
|                                                     | 2 2 5 M | 2 5 0 M | 2 7 5 M                                                           | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                  |         | no time |                                                                   | no time  |         | no time |                          | 05:41.60 |
|                                                     |         |         |                                                                   |          |         |         |                          |          |
|                                                     | .....   | .....   | .....                                                             | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 10: 400M FREESTYLE WOMEN 11+      |          |          |                                     |          |         |         | Heat:2, starttime: 10:52 |          |
|-------------------------------------------------|----------|----------|-------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 2/2    Lane : 3    Athlete: ROELANT SISKA |          |          |                                     |          |         |         | Q-time: 05:07:91         |          |
| PB (25m pool): 05:07.91    Aarschot 16/03/2025  |          |          | PB (50m pool): 05:41.41 SB: no time |          |         |         |                          |          |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                              |          | 00:35.06 |                                     | 01:13.16 |         | no time |                          | 02:32.80 |
|                                                 | 00:35.06 |          | 00:38.10                            |          |         |         |                          |          |
|                                                 | .....    | .....    | .....                               | .....    | .....   | .....   | .....                    | .....    |
|                                                 | 2 2 5 M  | 2 5 0 M  | 2 7 5 M                             | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                              |          | no time  |                                     | no time  |         | no time |                          | 05:07.91 |
|                                                 |          |          |                                     |          |         |         |                          |          |
|                                                 | .....    | .....    | .....                               | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 10: 400M FREESTYLE WOMEN 11+           |          |          |                                                             |          |          |          | Heat:2, starttime: 10:52 |          |
|------------------------------------------------------|----------|----------|-------------------------------------------------------------|----------|----------|----------|--------------------------|----------|
| Heat: 2/2    Lane : 5    Athlete: VAN DEN TROOST AMY |          |          |                                                             |          |          |          | Q-time: 05:40:78         |          |
| PB (25m pool): 05:40.78    Leuven 12/10/2025         |          |          | PB (50m pool): no time    SB: 05:40.78    Leuven 12/10/2025 |          |          |          |                          |          |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M                                                       | 1 0 0 M  | 1 2 5 M  | 1 5 0 M  | 1 7 5 M                  | 2 0 0 M  |
| PB                                                   |          | 00:38.95 |                                                             | 01:20.89 |          | 02:03.87 |                          | 02:47.14 |
|                                                      | 00:38.95 |          | 00:41.94                                                    |          | 00:42.98 |          | 00:43.27                 |          |
|                                                      | .....    | .....    | .....                                                       | .....    | .....    | .....    | .....                    | .....    |
|                                                      | 2 2 5 M  | 2 5 0 M  | 2 7 5 M                                                     | 3 0 0    | 3 2 5    | 3 5 0    | 3 7 5                    | 4 0 0 M  |
| PB                                                   |          | 03:31.33 |                                                             | 04:14.33 |          | 04:58.55 |                          | 05:40.78 |
|                                                      | 00:44.19 |          | 00:43.00                                                    |          | 00:44.22 |          | 00:42.23                 |          |
|                                                      | .....    | .....    | .....                                                       | .....    | .....    | .....    | .....                    | .....    |

Coach feedback:

| Event number: 11: 400M FREESTYLE MEN 11+               |         |         |         |                                                                |         |         | Heat:2, starttime: 11:04 |          |
|--------------------------------------------------------|---------|---------|---------|----------------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 2/2    Lane : 2    Athlete: VAN STEENWINKEL WOUT |         |         |         |                                                                |         |         | Q-time: 05:33:78         |          |
| PB (25m pool): 05:33.78    Vilvoorde    05/10/2025     |         |         |         | PB (50m pool): 05:44.81SB: 05:33.78    Vilvoorde    05/10/2025 |         |         |                          |          |
|                                                        | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                        | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                     |         | no time |         | 01:21.04                                                       |         | no time |                          | 02:46.35 |
|                                                        | no time |         |         |                                                                |         |         |                          |          |
|                                                        | .....   | .....   | .....   | .....                                                          | .....   | .....   | .....                    | .....    |
|                                                        | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                          | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                     |         | no time |         | no time                                                        |         | no time |                          | 05:33.78 |
|                                                        |         |         |         |                                                                |         |         |                          |          |
|                                                        | .....   | .....   | .....   | .....                                                          | .....   | .....   | .....                    | .....    |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 12: 50M FREESTYLE MIXED 10-9  |         |                                    |  | Heat:1, starttime: 11:21 |
|---------------------------------------------|---------|------------------------------------|--|--------------------------|
| Heat: 1/5 Lane : 3 Athlete: VAN BAEL ILEANA |         |                                    |  | Q-time: 99:99:99         |
| PB (25m pool): no time                      |         | PB (50m pool): no time SB: no time |  |                          |
|                                             | 2 5 M   | 5 0 M                              |  |                          |
| PB                                          |         | no time                            |  |                          |
|                                             | no time |                                    |  |                          |
|                                             | .....   | .....                              |  |                          |

Coach feedback:

| Event number: 12: 50M FREESTYLE MIXED 10-9 |         |                                    |  | Heat:1, starttime: 11:21 |
|--------------------------------------------|---------|------------------------------------|--|--------------------------|
| Heat: 1/5 Lane : 4 Athlete: EGÉE SAMUEL    |         |                                    |  | Q-time: 99:99:99         |
| PB (25m pool): no time                     |         | PB (50m pool): no time SB: no time |  |                          |
|                                            | 2 5 M   | 5 0 M                              |  |                          |
| PB                                         |         | no time                            |  |                          |
|                                            | no time |                                    |  |                          |
|                                            | .....   | .....                              |  |                          |

Coach feedback:

| Event number: 15: 100M FREESTYLE WOMEN 11+              |          |                                                           |          | Heat:3, starttime: 11:34 |
|---------------------------------------------------------|----------|-----------------------------------------------------------|----------|--------------------------|
| Heat: 3/10 Lane : 5 Athlete: VANBELLINGEN VERMEERE LANI |          |                                                           |          | Q-time: 01:24:68         |
| PB (25m pool): 01:24.68 Vilvoorde 05/10/2025            |          | PB (50m pool): 01:24.24 SB: 01:24.68 Vilvoorde 05/10/2025 |          |                          |
|                                                         | 2 5 M    | 5 0 M                                                     | 7 5 M    | 1 0 0 M                  |
| PB                                                      |          | 00:40.75                                                  |          | 01:24.68                 |
|                                                         | 00:40.75 |                                                           | 00:43.93 |                          |
|                                                         | .....    | .....                                                     | .....    | .....                    |

Coach feedback:

| Event number: 15: 100M FREESTYLE WOMEN 11+ |          |                                                           |          | Heat:5, starttime: 11:38 |
|--------------------------------------------|----------|-----------------------------------------------------------|----------|--------------------------|
| Heat: 5/10 Lane : 5 Athlete: GUENDOZ LINA  |          |                                                           |          | Q-time: 01:18:69         |
| PB (25m pool): 01:18.69 Mons 28/06/2025    |          | PB (50m pool): 01:20.61 SB: 01:19.93 Vilvoorde 05/10/2025 |          |                          |
|                                            | 2 5 M    | 5 0 M                                                     | 7 5 M    | 1 0 0 M                  |
| PB                                         |          | 00:37.64                                                  |          | 01:18.69                 |
|                                            | 00:37.64 |                                                           | 00:41.05 |                          |
|                                            | .....    | .....                                                     | .....    | .....                    |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 15: 100M FREESTYLE WOMEN 11+      |          |          |          |          | Heat:6, starttime: 11:39                              |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------------------------|
| Heat: 6/10 Lane : 1 Athlete: VAN DEN TROOST AMY |          |          |          |          | Q-time: 01:14:51                                      |
| PB (25m pool): 01:14.51 LEUVEN 23/11/2025       |          |          |          |          | PB (50m pool): no time SB: 01:14.51 LEUVEN 23/11/2025 |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                       |
| PB                                              |          | 00:35.49 |          | 01:14.51 |                                                       |
|                                                 | 00:35.49 |          | 00:39.02 |          |                                                       |
|                                                 | .....    | .....    | .....    | .....    |                                                       |

Coach feedback:

| Event number: 15: 100M FREESTYLE WOMEN 11+ |          |          |          |          | Heat:9, starttime: 11:44                             |
|--------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 9/10 Lane : 2 Athlete: ROELANT SISKI |          |          |          |          | Q-time: 01:04:78                                     |
| PB (25m pool): 01:04.78 Mons 26/10/2025    |          |          |          |          | PB (50m pool): 01:07.96 SB: 01:04.78 Mons 26/10/2025 |
|                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                      |
| PB                                         |          | 00:30.96 |          | 01:04.78 |                                                      |
|                                            | 00:30.96 |          | 00:33.82 |          |                                                      |
|                                            | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

| Event number: 16: 100M BREASTSTROKE MEN 11+   |         |         |       |         | Heat:2, starttime: 11:49           |
|-----------------------------------------------|---------|---------|-------|---------|------------------------------------|
| Heat: 2/14 Lane : 2 Athlete: LEDEGANCK SANDER |         |         |       |         | Q-time: 99:99:99                   |
| PB (25m pool): no time                        |         |         |       |         | PB (50m pool): no time SB: no time |
|                                               | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                    |
| PB                                            |         | no time |       | no time |                                    |
|                                               | no time |         |       |         |                                    |
|                                               | .....   | .....   | ..... | .....   |                                    |

Coach feedback:

| Event number: 16: 100M BREASTSTROKE MEN 11+ |          |          |          |          | Heat:10, starttime: 12:09                            |
|---------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 10/14 Lane : 5 Athlete: BOROWSKI ALAN |          |          |          |          | Q-time: 01:38:46                                     |
| PB (25m pool): 01:38.46 Mons 26/10/2025     |          |          |          |          | PB (50m pool): 01:39.62 SB: 01:38.46 Mons 26/10/2025 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                      |
| PB                                          |          | 00:46.23 |          | 01:38.46 |                                                      |
|                                             | 00:46.23 |          | 00:52.23 |          |                                                      |
|                                             | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 16: 100M BREASTSTROKE MEN 11+ |          |          |                                                      |          | Heat:14, starttime: 12:17 |
|---------------------------------------------|----------|----------|------------------------------------------------------|----------|---------------------------|
| Heat: 14/14 Lane : 3 Athlete: GUENDOUZ ANAS |          |          |                                                      |          | Q-time: 01:20:66          |
| PB (25m pool): 01:20.66 Mons 26/10/2025     |          |          | PB (50m pool): 01:28.81 SB: 01:20.66 Mons 26/10/2025 |          |                           |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                | 1 0 0 M  |                           |
| PB                                          |          | 00:37.28 |                                                      | 01:20.66 |                           |
|                                             | 00:37.28 |          | 00:43.38                                             |          |                           |
|                                             | .....    | .....    | .....                                                | .....    |                           |

Coach feedback:

| Event number: 17: 200M MEDLEY WOMEN 11+                 |           |           |           |           |           |           | Heat:4, starttime: 12:31              |           |
|---------------------------------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|---------------------------------------|-----------|
| Heat: 4/8    Lane : 2    Athlete: KEERSMAEKERS ELLA     |           |           |           |           |           |           | Q-time: 03:38:76                      |           |
| PB (25m pool): 03:38.76    Woluwe-St-Lambert 29/05/2025 |           |           |           |           |           |           | PB (50m pool): no time    SB: no time |           |
|                                                         | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                                 | 2 0 0 M   |
| PB                                                      |           | 00:49.41  |           | no time   |           | no time   |                                       | 03:38.76  |
|                                                         | 00:49.41  |           |           |           |           |           |                                       |           |
|                                                         | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . | . . . . .                             | . . . . . |

Coach feedback:

| Event number: 17: 200M MEDLEY WOMEN 11+              |           |           |                                                             |           |           |           | Heat:6, starttime: 12:39 |           |
|------------------------------------------------------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 6/8    Lane : 3    Athlete: VAN HOYLANDT JULIE |           |           |                                                             |           |           |           | Q-time: 03:04:96         |           |
| PB (25m pool): 03:04.96    Vilvoorde 05/10/2025      |           |           | PB (50m pool): 03:03.29SB: 03:04.96    Vilvoorde 05/10/2025 |           |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M                                                       | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | 00:39.14  |                                                             | no time   |           | no time   |                          | 03:04.96  |
|                                                      | 00:39.14  |           |                                                             |           |           |           |                          |           |
|                                                      | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 17: 200M MEDLEY WOMEN 11+          |           |           |                                                             |           |           |           | Heat:7, starttime: 12:43 |           |
|--------------------------------------------------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 7/8    Lane : 1    Athlete: EL AOUIRI LINA |           |           |                                                             |           |           |           | Q-time: 03:04:72         |           |
| PB (25m pool): 03:04.72    Vilvoorde 05/10/2025  |           |           | PB (50m pool): 03:05.96SB: 03:04.72    Vilvoorde 05/10/2025 |           |           |           |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M                                                       | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | 00:44.16  |                                                             | no time   |           | no time   |                          | 03:04.72  |
|                                                  | 00:44.16  |           |                                                             |           |           |           |                          |           |
|                                                  | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

| Event number: 17: 200M MEDLEY WOMEN 11+                  |           |           |           |                                                              |           |           | Heat:7, starttime: 12:43 |           |
|----------------------------------------------------------|-----------|-----------|-----------|--------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 7/8    Lane : 3    Athlete: VAN STEENWINKEL ESTHER |           |           |           |                                                              |           |           | Q-time: 02:57:56         |           |
| PB (25m pool): 02:57.56    Vilvoorde 23/03/2025          |           |           |           | PB (50m pool): 03:03.25 SB: 02:58.22    Vilvoorde 05/10/2025 |           |           |                          |           |
|                                                          | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                        | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                       |           | 00:39.08  |           | no time                                                      |           | no time   |                          | 02:57.56  |
|                                                          | 00:39.08  |           |           |                                                              |           |           |                          |           |
|                                                          | . . . . . | . . . . . | . . . . . | . . . . .                                                    | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 17: 200M MEDLEY WOMEN 11+         |           |           |           |                                                             |           |           | Heat:8, starttime: 12:46 |           |
|-------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 8/8    Lane : 1    Athlete: BOROWSKA LENA |           |           |           |                                                             |           |           | Q-time: 02:57:56         |           |
| PB (25m pool): 02:57.56    Vilvoorde 05/10/2025 |           |           |           | PB (50m pool): 03:05.82SB: 02:57.56    Vilvoorde 05/10/2025 |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                       | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:35.84  |           | no time                                                     |           | no time   |                          | 02:57.56  |
|                                                 | 00:35.84  |           |           |                                                             |           |           |                          |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 17: 200M MEDLEY WOMEN 11+              |           |           |           |                                                             |           |           | Heat:8, starttime: 12:46 |           |
|------------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 8/8    Lane : 2    Athlete: DESENDER HANNELORE |           |           |           |                                                             |           |           | Q-time: 02:54:25         |           |
| PB (25m pool): 02:53.42    Vilvoorde 10/03/2024      |           |           |           | PB (50m pool): 02:54.84SB: 03:04.59    Vilvoorde 05/10/2025 |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                       | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | no time   |           | no time                                                     |           | no time   |                          | 02:53.42  |
|                                                      | no time   |           |           |                                                             |           |           |                          |           |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 18: 200M BUTTERFLY MEN 11+     |         |         |                                       |         |       |         | Heat:1, starttime: 12:50 |         |
|----------------------------------------------|---------|---------|---------------------------------------|---------|-------|---------|--------------------------|---------|
| Heat: 1/2    Lane : 4    Athlete: BOLLU LUCA |         |         |                                       |         |       |         | Q-time: 99:99:99         |         |
| PB (25m pool): no time                       |         |         | PB (50m pool): no time    SB: no time |         |       |         |                          |         |
|                                              | 2 5 M   | 5 0 M   | 7 5 M                                 | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                           |         | no time |                                       | no time |       | no time |                          | no time |
|                                              | no time |         |                                       |         |       |         |                          |         |
|                                              | .....   | .....   | .....                                 | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

|                                                    |           |           |           |                                                                |           |           |                          |           |
|----------------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Event number: 18: 200M BUTTERFLY MEN 11+           |           |           |           |                                                                |           |           | Heat:2, starttime: 12:53 |           |
| Heat: 2/2    Lane : 3    Athlete: RUDIK ALEKSANDER |           |           |           |                                                                |           |           | Q-time: 02:32:34         |           |
| PB (25m pool): 02:32.34    LEUVEN    23/11/2025    |           |           |           | PB (50m pool): no time    SB: 02:32.34    LEUVEN    23/11/2025 |           |           |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                          | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                 |           | 00:32.00  |           | 01:09.85                                                       |           | 01:50.78  |                          | 02:32.34  |
|                                                    | 00:32.00  |           | 00:37.85  |                                                                | 00:40.93  |           | 00:41.56                 |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                                                      | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback: